
















 Celery	 Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphite
Granola		Oats								Almond				
Orange Tea Loaf		Wheat											✓	✓
Ravioli		Wheat		✓			✓							
Sandwiches:														
- Cheese		Wheat					✓							
- Egg mayo		Wheat		✓			✓							
- Tuna mayo		Wheat		✓	✓		✓		✓					✓
- Ham		Wheat					✓							✓
Sausage		Wheat												✓
Spaghetti		Wheat												✓
Teacake		Wheat												✓
Vegetarian Sausage		Wheat											✓	✓
LUNCH														
Child's Plate	Check individual items when ordering													
Ciabatta:														
- Cheese and onion		Wheat					✓							
- Ham and cheese		Wheat					✓							✓
- Tuna mayo & cheese		Wheat		✓	✓		✓		✓					✓
- Brie & cranberry		Wheat					✓							✓
- Brie and bacon		Wheat					✓							✓
Jacket potato:														
- Beef Chilli	✓						✓							
- Vegetarian Chilli	✓						✓							
- Cheese							✓							
- Coleslaw				✓			✓		✓					✓
- Beans							✓							
- Tuna Mayo				✓	✓		✓		✓					✓
Lasagne:														
- Beef	✓	Wheat		✓			✓			Pine				✓
- Spinach	✓	Wheat		✓			✓			Almond				✓
Nachos:														
- Beef chilli	✓	Wheat					✓							
- Veg chilli	✓	Wheat					✓							
Ploughman's		Wheat Barley		✓			✓		✓					✓
Salad:														
- Tuna mayo				✓	✓				✓					✓
- Ham				✓					✓					✓
- Salmon				✓	✓				✓					✓
- Halloumi							✓							
Sausage & mash	✓	Wheat					✓							✓
Veg. saus. & mash	✓	Wheat					✓						✓	✓
Savoury tart - all		Wheat		✓			✓		✓					✓
Soup - all	✓													
Roll for soup		Wheat					✓							

	 Celery	 Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphite
SUNDRIES														
Brown sauce		Barley Rye												
Butter							✓							
Coleslaw				✓			✓		✓					✓
Lemon curd				✓										
Mayonnaise				✓					✓					
Mustard		Wheat							✓					
Onion chutney									✓					
Salad cream				✓					✓					
Salad dressing									✓					✓
Sandwich chutney		Barley												
Stork							✓							
Tomato sauce	✓													
Worcestershire sauce		Barley			✓									

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