



## **ANNUAL REPORT FOR 2021 - 2022**

### **WHAT WE DO**

Rumbletums community café provides training and work experience for young people with a learning disability, normally aged between 16 and 30, some of whom may also have an additional physical disability.

Rumbletums was established in 2011 by parents of children with learning disabilities, because of their concern about the lack of employment and development opportunities for such young people once they had finished formal education. They wanted to provide something valuable and purposeful for them, which would help them fulfil their potential, as well as enabling them to make a positive contribution to the community, helping to challenge negative stereotypes and break down barriers. These aspirations are as relevant today as they were in 2011 and still underpin everything we do at Rumbletums.

The training is based primarily in our café where trainees undertake a range of 'Front of House' duties (such as taking orders, preparing and serving drinks, serving cakes, snacks and hot meals); a range of kitchen duties (such as preparing and cooking some food items, washing and drying pots, cutlery and pans etc., cleaning the kitchen); and a range of other related activities (such as laundering aprons and tea towels and shopping). In addition, trainees learn a range of basic office skills and get involved in the general cleaning and 'housekeeping' of the whole building and setting up the rooms for events or meetings. Also, some of our trainees also help at our toddler group, RumbletumsTots, or work in our allotment. We are always looking at new things that trainees can do to gain additional skills.

These activities enable our trainees to develop specific and transferable vocational skills associated with catering and hospitality as well as more general employability skills; enhanced communication and life skills; and greater confidence and self-esteem. All our trainees leave Rumbletums with additional skills and knowledge and trainees have gone on to find paid employment or to access further work experience and training.

The café opened on the corner of Victoria Street and Newdigate Street in Kimberley on 2 July 2011. It quickly established a reputation for excellent homemade food, coffee and service, and is currently open from 9.30am to 3.00pm from Tuesday to Saturday.

We offer a varied and tasty menu with Fairtrade and locally sourced ingredients being used as much as possible. All our meals and cakes are made on the premises, and we pride ourselves on our homemade food, much of which has been prepared by the trainees. We provide a varied choice of breakfasts, snacks, lunches, and a wide selection of tasty cakes, including vegetarian and gluten free options. Our coffees are made with freshly ground beans, roasted in West Bridgford by 200 Degrees, and tea is served traditionally in a teapot for maximum enjoyment. All our drinks can be made with skimmed, semi-skimmed or a choice of non-dairy milks, and we have a good choice of cold drinks.

Everyone is welcome at Rumbletums. We have tables for one or two, or up to four people and we are happy to add extra chairs or put tables together for bigger groups. The building has full wheelchair access, and we have an accessible toilet, as well as a chair lift to the first floor.

Rumbletums has a very child friendly attitude - little ones are very welcome, and we're breast-feeding friendly. High-chairs and booster seats are available, and we have baby-changing facilities. Our children's menu offers plenty of healthy and nutritious meals and snacks to choose from, and we have a bookcase just for children's books for borrowing as well as reading in the café.

Rumbletums has received several local and national awards and accolades, recognising the value and quality of both the training and the delicious food and drinks served in the café.

Rumbletums' support for and participation in the local community is a fundamental part of what we do. We provide a welcoming and safe space for all members of the community, helping combat loneliness and isolation, as well as providing delicious, affordable and nutritious food. Several groups choose Rumbletums as the venue for their social get-togethers.

To further support the wellbeing of members of the local community, we provide a range of community events.

A key one is RumbletumsTots, our parent/carer and toddler group run by a committed group of volunteers and some of our trainees. Tots meets every Tuesday in term time from 1.00pm to 3.00pm, and toddlers can come for free and play with our great range of toys, have a snack and a drink and enjoy a singsong at the end of the session. For a small charge parents/carers can get a drink and a piece of our delicious cake.

We also run a community coffee morning that takes place twice a month ("Rumblechums"), sponsored by Gedling Borough Council, and organised by a local NHS Social Prescriber; 'Silver Screen' Film Nights for the over 50s; and a self-help group for parents and carers of children and young people with learning disabilities.

We have two large rooms that provide affordable, well-equipped accommodation for the use of local groups and organisations. We usually charge those using our rooms, but we actively support and provide space at reduced or no cost to non-commercial groups trying to improve the lives of the local population. Regular users of our space include Kimberley Neighbourhood Church, Slimming World, Weight Watchers, the WEA, a chair Yoga group, a Gentlemen's Breakfast group, a Chat & Craft group and several U3A groups, as well as individuals for parties and the like. We can provide catering to those hiring our rooms when the café is open, and increasingly we also provide food for room hire or events held out of hours, or as take-away for external events.

The interaction between our trainees and members of the community helps to break down barriers and challenge any negative stereotypes people might have about those with learning disabilities.

We offer opportunities for volunteering and our many committed volunteers make an invaluable contribution to the training and well-being of our trainees and other aspects of the project, whilst volunteering enables them to gain additional skills and improve their own well-being.

We are pleased to be able to support local employment and currently have six paid members of staff. We are very grateful for their high level of skill, and their commitment to supporting our trainees and providing the highest quality food and drinks to our customers.

Rumbletums buys its food and services locally whenever possible, thus supporting local businesses and reducing its food miles. Other ways of supporting the local environment are our use of a local allotment to grow produce and plants; recycling as much as possible, including drinks cans; and

running events and activities that encourage recycling, for example, school uniform collection and resale events.

To further support the wellbeing of young people with learning disabilities and their families we provide a range of social events.

We have a social group, which includes some of our trainees, that arranges regular social events for young disabled people, their families and friends, such as open mike, quiz and fancy-dress nights.

The young people can get a different kind of social experience by working in our allotment, which we have through an on-going partnership with Kimberley School. This provides experience of working outdoors in a horticultural environment, with the aim of growing a variety of produce and plants.

Rumbletums is a registered charity, run by a board of trustees. We adopt good practice in governance and management and ensure Rumbletums is financially robust, and that all our activities are delivered at a high quality.

In recognition of the value of what we do at Rumbletums, we have been fortunate to receive several large and small donations and grants from many individuals and organisations. We are very grateful to all those who have supported us over the years and continue to do so.

## **HOW WE BENEFIT THE PUBLIC**

The advancement of education by:

- providing supported training and work experience through which they can acquire specific and transferable vocational skills associated with catering and hospitality, as well as more general employability skills, and enhanced communication and life skills;
- offering opportunities for volunteering and employment through which additional skills can be gained.

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage by:

- providing valuable and purposeful activity, advice, support and assistance to young people with learning disabilities and helping them develop their skills, confidence and self-esteem;
- increasing understanding in the community about learning disabilities, helping challenge negative stereotypes and break down barriers; providing and supporting a range of social and community events for young people with learning disabilities and their families;
- providing affordable, well-equipped accommodation free or at discounted rates to non-commercial organisations that support and encourage good physical and mental health.

The advancement of health or saving of lives by:

- providing in our community café a good range of home-cooked, nutritious and affordable food that meets all dietary needs;
- providing a welcoming and safe space, for all members of the community, helping combat loneliness, improving wellbeing and reducing isolation;
- offering opportunities for volunteering and employment which helps improve individuals' wellbeing;
- providing affordable, well-equipped accommodation for the use of local groups and organisations that support and encourage good physical and mental health.

The advancement of citizenship or community development by:

- giving our trainees the chance to make a positive contribution to the local community as independent, mature and responsible individuals, whilst increasing understanding about learning disabilities, helping challenge negative stereotypes and break down barriers;
- offering opportunities for volunteering;
- providing local employment opportunities;
- providing affordable, well-equipped accommodation for the use of local groups and organisations;
- supporting local businesses whenever possible;
- providing and supporting a range of community events for members of the local community.

The prevention or relief of poverty by:

- giving the trainees work experience and a range of employability and life skills, to enable them to develop and gain more independence that will help them if seeking paid employment, and in effectively managing their own affairs, particularly if living more independently;
- providing in our community café a good range of home-cooked, nutritious and affordable food that helps support dietary needs;
- providing local employment opportunities;
- supporting local businesses whenever possible.

The advancement of environmental protection or improvement by:

- through our purchasing strategy ensuring that our food miles are as low as possible;
- undertaking as much recycling as possible, including paper, cardboard, plastic, tins and drinks cans;
- running events to encourage recycling, such as school uniform exchanges
- caring for and growing produce and plants in a local allotment;
- ensuring environmental issues are considered in all planning activities.

## **KEY THINGS WE DID DURING 2021 – 2022**

### **APRIL 2021**

- The year opened with on-going Covid restrictions. Eating outside was allowed, but Rumbletums was still only able to do take-away food and drink
- We were delighted to be able to welcome back 13 of our trainees and volunteers started work again at our allotment
- Because we value the huge contribution made by our staff we continue to pay them a minimum of the living wage rate determined by the Living Wage Foundation, and increased all salaries from 1 April
- We were able to replace our very old stair lift, funded from the grant previously given to us for this purpose by Morrisons.

### **MAY 2021**

- From mid-May we were finally able to open again for eating in, but with fewer tables than before Covid. We also invested in some outdoor tables and chairs
- By the end of May, the majority of trainees had returned to work

- The disabled entrance into the building had been a concern for some time and a variety of plans had been considered to make it easier for those in wheelchairs, or with prams, or with difficulty in walking to enter the building. We were finally able to improve things by having two new double-glazed doors fitted, along with an improved, flatter threshold.

#### JUNE 2021

- By June customers numbers had risen to pre-Covid levels and we really appreciate everyone's loyalty
- We were delighted that all of the staff who had been furloughed had returned to work full time and are grateful for the funding we received through the Government's Job Retention Scheme
- From mid-June we were very pleased to be able to restart RumbletumsTots, our toddler group
- We had a new double-glazed café door fitted
- We launched a new fundraising scheme – Rumbletums 100-Club – which is a great way of supporting Rumbletums whilst having a bit of a flutter!
- We were delighted to be given an £8,000 grant by Power to Change for business development. With the help of various experts, we used the funding to:
  - provide a training session for staff and volunteers on working with and supporting people with learning disabilities
  - develop updated strategic aims and objectives
  - develop and implement a tool for measuring the Social Impact of our activities
  - develop and implement a marketing strategy, including improving our broadband and securing public use of our Wi-Fi, and the development of a new and improved website (to be launched very soon)
  - develop our approach to involving a wider range of people in the development of Rumbletums. This has led us to conclude that we should update our charitable objects, convert from our current structure to a Charitable Incorporated Organisation and develop a Friends of Rumbletums model. Work on all this has started and will continue into 2022/23.

#### JULY 2021

- On 2 July Rumbletums celebrated its 10<sup>th</sup> birthday!! Due to Covid restrictions we had to delay our celebration but were finally able to hold a birthday party on 24 July. We held a big raffle and ran several fundraising activities and had a very successful day
- We were able to start providing food and drinks to room hirers on a regular basis and this has developed into an important part of our income
- We received a grant of £10,000 from the National Lottery Community Fund to support the salary of our Training of Support Worker.

#### AUGUST 2021

- The new 100-Club had its first draw and quickly acquired the target of 100 members
- We launched our first school uniform donate and shop scheme.

#### SEPTEMBER 2021

- We were able to restart our additional catering activity by providing the first of two buffets for the U3A.

## OCTOBER 2021

- We received a grant of £250 from Gedling Borough Council to enable us to support a series of Community Coffee Mornings run by NHS Prescribers
- Being conscious of the need for comprehensive fire procedures, we had a number of door closers fitted, linked to our fire alarm, so they will close automatically should the fire alarm go off.

## NOVEMBER 2021

- November saw the start of a very busy period of Christmas events during which we provided food for a big group of U3A cyclists and also U3A historians; provided a full Christmas Lunch for two loyal customers and their friends; opened in the evening for the Kimberley Christmas Lights switch-on and participated in the Kimberley Christmas Market, which was amazingly successful
- We launched the sale of a variety of Rumbletums products, including a series of tea towels designed by our trainees
- We were informed by UPS that they were giving us a US\$17,000 grant for the purchase and installation of state-of-the-art audio-visual equipment.

## DECEMBER 2021

- After a very successful pre-Christmas period, we closed for Christmas on Thursday 23 December.

## JANUARY 2022

- We reopened on Tuesday 4 January
- We received a £400 grant from Nottinghamshire County Council for new equipment for RumbletumsTots. Thanks to Philip Owen for his role in this
- The UPS grant was converted by the bank to British pounds, and we received £12,187.25. Installation of the equipment had started in November and was completed in February.

## FEBRUARY 2022

- The Gate Inn in Awsworth is a regular fundraiser for Rumbletums. This year they gave us £1,000 in September and in February gave a further £2,534.03 as a grant specifically for trainees. The intention is to use the funds to buy Polo shirts with a Rumbletums logo for trainees to wear when working and to support social events for trainees.

## MARCH 2022

- We were able to run the first Silver Screen event for more than 2 years
- We opened especially on a Sunday in order to participate in the hugely successful Kimberley Food Festival
- At the end of March 2022 we had 28 trainees, the highest number ever.

## BY THE END OF THE YEAR:

- We had more trainees than ever before
- Our catering income, customer number, average daily takings and food items sold were all higher than pre-Covid levels
- Our room hire income was significantly higher than pre-Covid levels
- We received more than £38,000 in new grants
- We received nearly £15,000 through donations and fundraising
- We sadly were not able to run any social events for our trainees, but plan to restart our events next year

- We were not able to run as many community events as we would have wanted, but we restarted our RumbletumsTots sessions, we ran one Silver Screen event, we organised a School Uniform Donation and Shop and participated in a number of Christmas events. We have plans to do much more next year
- We took significant steps in further improve the way we manage Rumbletums.

## **THANK YOU**

There are a number of people to be thanked for helping Rumbletums achieve another very successful year:

- Our trainees, for being at Rumbletums and for bringing us all such joy with their hard work, positive outlook, commitment and resilience.
- The parents/carers of our trainees, who trust us to look after, support, train and develop their young people
- Our employees, who have worked so flexibly and hard throughout the year: Angela Devine, Project Manager; Ruth Brown, Catering Supervisor; Helen Groom, Front of House Supervisor; Patsy Buck our new Cook who started in January, and Tracey Corkish, Café Assistant. Lewis Oakland, who volunteered for some time before becoming employed as a part-time Café Assistant, and Jack Dobson, who also volunteered before becoming employed initially as a Café Assistant and then as Training Support Worker, both left Rumbletums in the spring. We are grateful for their contribution and wish them well for the future. In August we were very pleased to welcome Gemma Calder as our new Training Support Worker.
- Our volunteers, who provide invaluable support to our trainees in the kitchen and front of house, and at our RumbletumsTots sessions; and those who carry our odd jobs around the building, work in the allotment and support our various community events.
- Our customers for their loyal support throughout the time we were only open for take away and for returning to eat in when they were able to. Also for their overwhelmingly positive response to our trainees and what we are trying to achieve at Rumbletums
- All those who generously helped us with fundraising and gave us donations and grants. We had a very successful year for fundraising and donations, with income of nearly £15,000. Income was from numerous donations from individuals, groups and businesses; in-café donations; the sale of many different items that had been made by individuals and donated to us; Easter, birthday and Christmas raffles; the sale of a variety of Rumbletums products; collection boxes located around Kimberley; Easyfundraising, Amazon Smile and Give-as-you-live donations; the Broxtowe Lottery; the 100-Club income and winnings donated back to us. In addition, we received more than £38,000 in new grants. We are extremely grateful to everyone who has helped us financially this year.

FIONA GEORGE  
TRUSTEE

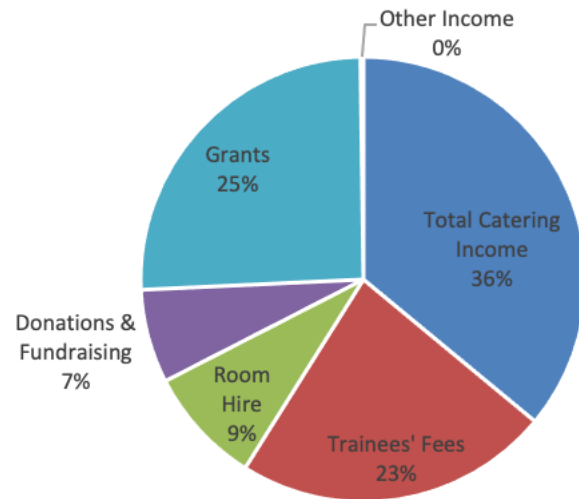
## THE KEY NUMBERS

### Who worked with us in 2021-2022?

Trainees: 28 on 31 March      Employees: 6 on 31 March 2022      Volunteers: 42 different people - 23 volunteering regularly

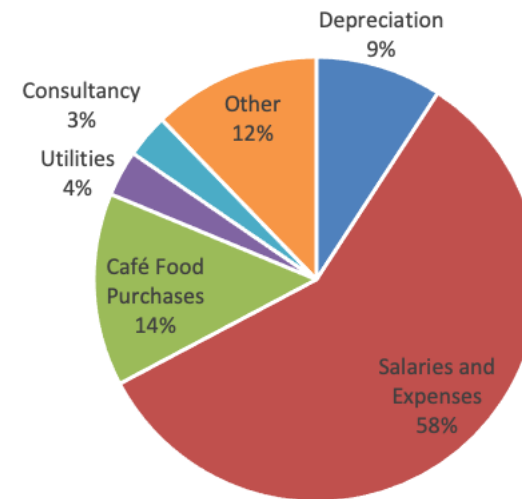
### What was our income in 2021-2022?

£185,139



### How much did we spend?

£165,260



### How many customers did we have?

13,799 in total      On average 56 a day      The highest number on any one day was 105

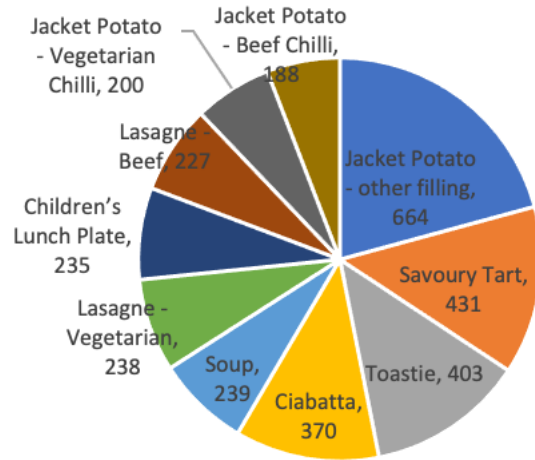
### How much food did we sell?

3,619 lunches      5,413 snacks      4,405 pieces of cake      12,748 drinks

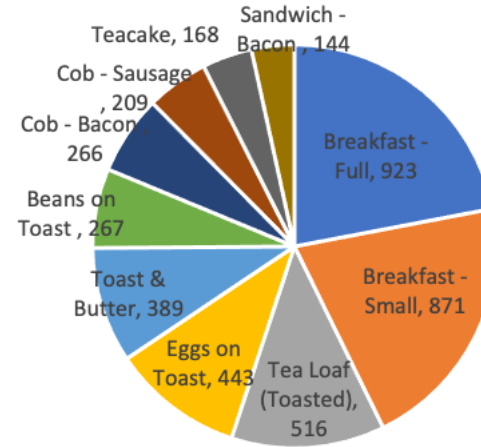


## What are our best-sellers?

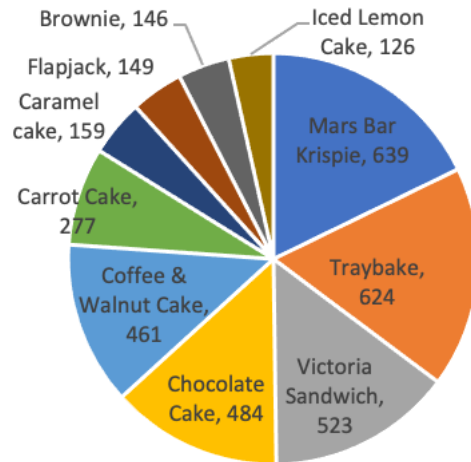
### Lunches:



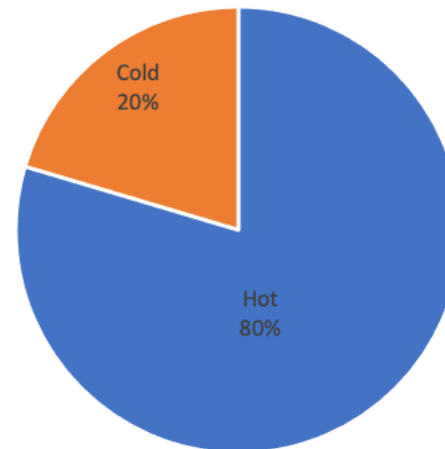
### Snacks:



### Cakes:



### Drinks:



## Who rents our rooms?

22 different users

